

COMPLETE TISSUE & BONE SYRUP

Dr. Christopher formulated these herbs as an aid for malfunctions related to bone and tissue, such as cavities, discolored teeth, crowded teeth, varicose veins, sprains, spine curvature, tremors, skin eruptions, pulled muscles, calcium spurs, etc.

Ingredients

4 oz Herb blend (by weight)
8 cups Distilled water

2 cups Honey

1 cup Lemon juice
4 cups Prune juice

Directions

- 1. Add the herbs to pure water and bring to a low simmer for 45 minutes.
- 2. Remove from heat and stir in honey, lemon juice and prune juice. Let cool.
- 3. Line a strainer with a piece of t-shirt material and strain the mixture.
- 4. Twist and squeeze the t-shirt to remove as much liquid as possible. Because of evaporation, be sure to end with at least 12 cups of liquid. Add water if necessary.
- 5. Pour into sterilized bottles, set in a hot water bath and boil for 15 minutes.
- 6. Remove bottles, tighten caps, and let cool. Store in the refrigerator 2-3 months. Makes approximately 6 X 16 oz bottles.